

**DEPARTMENT OF HUMAN SERVICES
CHILD AND FAMILY SERVICES DIVISION**

EARLY PREVENTION AND PARENT EDUCATION

PROGRAM MISSION: To prevent family distress, dysfunction, violence, and out-of-home placements of children by providing coordinated and effective educational opportunities for parents.

The following are the programs in this area.

- ❖ **Parent Education** promotes appropriate practices for parents that result in healthy children and families, by providing parenting classes primarily to at-risk families, providing community education, and participating in initiatives to strengthen and support Arlington families.
- ❖ **Project Family** strengthens families by enhancing the parenting skills of language minority parents of infants and children up to age five and helping children develop skills and knowledge for school readiness. Services are provided through a partnership with the League of United Latin American Citizens (LULAC) Council 4606. The program is for families from pregnancy through the child's first five years of life, with an emphasis on Spanish-speaking and at-risk families.

Program Budget Summary				
	FY 2004	FY 2005	FY 2006	% Change:
	<u>Actual</u>	<u>Adopted</u>	<u>Proposed</u>	<u>'05 to '06</u>
Parent Education	\$121,445	\$147,592	\$149,478	1%
Project Family	191,300	220,645	224,691	2%
Total Expenditures	312,745	368,237	374,169	2%
Revenues	74,020	127,916	127,916	-
Net Tax Support	\$238,725	\$240,321	\$246,253	2%

Early Prevention and Parent Education				
	FY 2004	FY 2005	FY 2006	% Change:
	<u>Actual</u>	<u>Adopted</u>	<u>Proposed</u>	<u>'05 to '06</u>
Personnel	\$134,935	\$130,095	\$135,617	4%
Non-Personnel	177,810	238,142	238,552	-
Total Expenditures	312,745	368,237	374,169	2%
State Share	74,020	127,916	127,916	-
Total Revenues	74,020	127,916	127,916	-
Net Tax Support	\$238,725	\$240,321	\$246,253	2%
Authorized FTEs	2.0	2.0	2.0	
Funded FTEs	2.0	2.0	2.0	

SIGNIFICANT BUDGET HIGHLIGHTS:

- ↑ Personnel increase due to normal step increases.

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PERFORMANCE MEASURES:

Parent Education

	FY 2002 <u>Actual</u>	FY 2003 <u>Actual</u>	FY 2004 <u>Actual</u>	FY 2005 <u>Estimate</u>	FY 2006 <u>Estimate</u>	FY 2006 <u>Goal</u>
<i>Mission Outcome Measures</i>						
Percentage of families with no repeat instances of child abuse or neglect within one year of completing the program	99%	95%	97%	97%	97%	98%
Number/percentage of families showing improved parenting skills after assessment	143/80%	139/86%	164/89%	185/89%	185/89%	185/90%
Percentage of group participants who report or demonstrate understanding of the impact of violence on their children	N/A	100%	100%	100%	100%	100%
Percentage of group participants who report or demonstrate attempts to increase family and personal safety	N/A	100%	100%	100%	100%	100%
<i>Customer Measures</i>						
Percentage of parents who reported that the classes taught them helpful parenting skills	N/A	N/A	99%	99%	99%	99%
Percentage of parents who reported improved family relations since taking classes	N/A	N/A	92%	92%	92%	93%
Percentage of parents who rated the classes as excellent or very good	N/A	N/A	90%	90%	90%	92%
<i>Workload Measures</i>						
Number of families participating in programs developed by Coordinator	223	166	193	193	218	218
Number of families completing all programs	140	140	165	185	185	185
Number of families in programs supported by Coordinator	91	192	78	65	65	65

- ❖ The number and percentage of participants reporting or demonstrating an understanding of the impact of violence and attempting to increase safety is based on the participants who attended five or more support group sessions.
- ❖ The number of families in programs supported by the Coordinator in FY 2003 reflects participation in primarily one-time events during that year. The Coordinator is increasingly called upon to provide

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parenting classes for high-risk families, reducing the total number of families served in programs she supports.

Project Family

	<u>FY 2002 Actual</u>	<u>FY 2003 Actual</u>	<u>FY 2004 Actual</u>	<u>FY 2005 Estimate</u>	<u>FY 2006 Estimate</u>	<u>FY 2006 Goal</u>
<i>Mission Outcome Measures</i>						
Number/percentage of children reaching at least one age-appropriate developmental milestone	400/92%	400/92%	213/92%	200/92%	200/92%	225/92%
Number/percentage of children meeting all developmental milestones using the "Record of Developmental Milestones Evaluation Tool"	N/A	N/A	92/62%	92/62%	126/63%	130/65%
Number/percentage of parents who met all observable parenting objectives in infant or early childhood classes	N/A	253/74%	69/69%	113/75%	113/75%	113/75%
Number/percentage of mothers in prenatal classes who demonstrated knowledge of prenatal class content	150/90%	120/89%	152/96%	150/96%	150/96%	150/96%
<i>Customer Measures</i>						
Number/percentage of parents surveyed who report that the program enhances their effectiveness as parents	N/A	N/A	364/96%	364/96%	364/96%	364/96%
Number of parents who attend 11 or more classes	N/A	N/A	120	100	100	120
<i>Workload Measures</i>						
Total number of class sessions offered	500	498	572	550	550	550
Number of families who completed a prenatal class or at least 4 infant or early childhood classes	N/A	356	380	350	350	380
Number/percentage of families referred to community services	250/42%	181/51%	190/50%	175/50%	175/50%	190/50%

- ❖ For FY 2002 and 2003, the number of children represents a duplicate count as they continued from the Infant to the Early Childhood classes. For FY 2004 it is an unduplicated count.
- ❖ Project Family developed and used two evaluation tools in FY 2004: the "Record of Developmental Milestones from age 0 to 5" and the "Parent Evaluation." The "Record of Developmental Milestones from

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CHILD AND FAMILY SERVICES DIVISION**

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age 0 to 5” is a comprehensive assessment of age-appropriate cognitive, emotional, language, literacy, physical, self-help, and social milestones. It replaced the tool used in prior fiscal years. The “Parent Evaluation” allows a trained teacher to observe parent-child interactions and to assess the parent’s ability to model appropriate behavior, nurture, encourage safe exploration and independence, and discipline appropriately. Only consistent participants were evaluated in depth.

- ❖ Project Family is a voluntary program. Consistent attendance (participation in 11 sessions or more) is an indication of customer satisfaction.
- ❖ The workload measure of the number of families that completed one prenatal class may overlap with the number of families that completed four or more infant or early childhood classes.