

**EARLY PREVENTION AND PARENT EDUCATION**

**PROGRAM MISSION**

To prevent family distress, dysfunction, violence, and out-of-home placements of children by providing coordinated and effective educational opportunities for parents.

The following are the programs in this area.

- **Parent Education** promotes appropriate practices for parents that result in healthy children and families, by providing parenting classes primarily to at-risk families, providing community education, online parent and public education, and participating in initiatives to strengthen and support Arlington families.
- **Project Family** strengthens families by enhancing the parenting skills of parents of infants and children up to age five and helping children develop skills and knowledge for school readiness.

**PROGRAM FINANCIAL SUMMARY**

	FY 2006 Actual	FY 2007 Revised	FY 2008 Proposed	% Change '07 to '08
Personnel	\$153,012	\$217,550	\$172,739	-21%
Non-Personnel	195,067	216,396	191,964	-11%
<b>Total Expenditures</b>	<b>348,079</b>	<b>433,946</b>	<b>364,703</b>	<b>-16%</b>
State Share	57,692	77,916	77,916	-
<b>Total Revenues</b>	<b>57,692</b>	<b>77,916</b>	<b>77,916</b>	<b>-</b>
<b>Net Tax Support</b>	<b>\$290,387</b>	<b>\$356,030</b>	<b>\$286,787</b>	<b>-19%</b>
Authorized FTEs	2.0	3.0	2.0	
Funded FTEs	2.0	3.0	2.0	

**Financial Details by Program**

	FY 2006 Actual	FY 2007 Revised	FY 2008 Proposed	% Change '07 to '08
Parent Education	\$130,317	\$222,107	\$145,349	-35%
Project Family	217,762	211,839	219,354	4%
<b>Total Expenditures</b>	<b>348,079</b>	<b>433,946</b>	<b>364,703</b>	<b>-16%</b>
Total Revenues	57,692	77,916	77,916	-
<b>Net Tax Support</b>	<b>\$290,387</b>	<b>\$356,030</b>	<b>\$286,787</b>	<b>-19%</b>

**SIGNIFICANT BUDGET HIGHLIGHTS**

- ↓ Personnel expenditures and FTEs decrease in FY 2008 due to the reallocation of a Parent Aide position (1.0 FTE) to the Arlington Services Intake and Support Team (A.S.I.S.T.). These personnel decreases are partially offset with normal salary increases, an increase in employer retirement contributions to maintain full funding of the retirement fund, and a 15 percent increase in employer health insurance rates.

EARLY PREVENTION AND PARENT EDUCATION

- ↓ Non-personnel expenditures reflect a decrease of \$25,000 in the Parent Education program, which is offset with an increase in rent (\$568). The \$25,000 was initially proposed as a reduction in FY 2007 due to the loss of LPACAP funds. The funding was restored in FY 2007 through one-time funds that are not available in FY 2008.

PERFORMANCE MEASURES

Parent Education

Critical Measures	FY 2003 Actual	FY 2004 Actual	FY 2005 Actual	FY 2006 Actual	FY 2007 Estimate	FY 2008 Estimate	FY 2008 Goal
Percentage of families with no repeat instances of child abuse or neglect within one year of completing the program	95%	97%	97%	100%	97%	98%	98%
Percentage of group participants who report or demonstrate attempts to increase family and personal safety	100%	100%	100%	100%	100%	100%	N/A

Supporting Measures	FY 2003 Actual	FY 2004 Actual	FY 2005 Actual	FY 2006 Actual	FY 2007 Estimate	FY 2008 Estimate	FY 2008 Goal
Number of families showing improved parenting skills after assessment	139	164	129	120	141	149	149
Percentage of participants showing improved parenting skills after assessment	86%	89%	96%	86%	90%	90%	90%
Percentage of group participants who report or demonstrate understanding of the impact of violence on their children	100%	100%	100%	100%	100%	100%	N/A
Percentage of parents who reported improved family relations since taking classes	N/A	92%	89%	85%	91%	93%	93%
Percentage of parents who rated the classes as excellent or very good	N/A	90%	90%	92%	93%	93%	93%
Percentage of parents who reported that the classes taught them helpful parenting skills	N/A	99%	99%	98%	98%	99%	99%
Number of participants participating in programs developed by Coordinator	166	193	176	215	215	215	N/A
Number of participants completing all programs	140	165	140	182	185	185	N/A

- The percentage of families with no repeat instances of child abuse or neglect within one year of completing the program includes findings of abuse and neglect as well as family assessments.
- For the percentage of group participants who report or demonstrate understanding of the impact of violence on their children, the outcome is based on those participants who attended five or more group sessions.
- For the percentage of group participants who report or demonstrate attempts to increase family and personal safety, the outcome is based on those participants who attended 5 or more sessions.
- For percentage of parents who reported improved family relations since taking classes, the lowered outcome for FY 2006 reflects service to the most difficult and serious family situations that require longer term intervention.
- The number of participants in programs developed by the Coordinator decreased due to vacancy of a half-time parent coordinator position for most of FY 2005.

**EARLY PREVENTION AND PARENT EDUCATION**

- The decrease in the number of participants completing parent education in FY 2005 is due to their extreme crisis creating their inability to commit to program completion.
- The number of participants in programs developed by the Coordinator includes participants in domestic violence support group plus three school based parent workshops.

**Project Family**

Critical Measures	FY 2003 Actual	FY 2004 Actual	FY 2005 Actual	FY 2006 Actual	FY 2007 Estimate	FY 2008 Estimate	FY 2008 Goal
Percentage of attending children making progress in all developmental milestone domains using the new "Observed progress of Consistently Attending Children" rating scale.	N/A	N/A	N/A	90%	90%	90%	90%
Supporting Measures	FY 2003 Actual	FY 2004 Actual	FY 2005 Actual	FY 2006 Actual	FY 2007 Estimate	FY 2008 Estimate	FY 2008 Goal
Percentage of mothers in prenatal classes who demonstrated knowledge of prenatal class content	89%	96%	98%	95%	95%	98%	98%
Number of children reaching at least one age-appropriate developmental milestone	400	213	192	246	171	171	180
Number of mothers in prenatal classes who demonstrated knowledge of prenatal class content	120	152	152	134	95	100	100
Number of attending children making progress in all developmental milestone domains using the new "Observed progress of Consistently Attending Children" rating scale.	N/A	N/A	N/A	217	148	148	148
Number of consistently attending parents/caregivers making progress in all parenting objectives using the new "Observed Progress of Consistently Attending parents/Caregivers" rating scale	N/A	N/A	N/A	204	139	139	160
Percentage of consistently attending parents/caregivers making progress in all parenting objectives using the new "Observed Progress of Consistently Attending parents/Caregivers" rating scale	N/A	N/A	N/A	94%	90%	90%	90%
Number of parents surveyed who report that the program enhances their effectiveness as parents	N/A	364	380	358	250	250	300
Number of parents who attend 11 or more classes	N/A	120	145	150	90	100	100
Total number of class sessions offered	498	572	640	695	480	500	500
Number of families referred to community services	181	190	180	158	107	107	125
Percentage of families referred to community services	51%	50%	43%	40%	40%	40%	40%
Number of families who completed a prenatal class or at least 4 infant or early childhood classes	356	380	420	396	260	260	300

- The number of children reaching at least one age-appropriate developmental milestone reflects the number of children meeting 70 percent or more age appropriate developmental milestones.